

Organic Life Sample Menu 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
				1 Organic Pasta With Slow Cooked San Marzano Marinara Sauce Served With Fresh Baked Whole Wheat Baguette	2
4 Pan Roasted Free Range Chicken Breast Smothered With Fresh Tomato Sauce And Buffalo Mozzarella	5 Chipotle Kissed Grass Fed Beef Enchiladas Served With Black Beans And Rice	6 World Best 4- Star Mac N Cheese Served With Local Artisan Whole Grain Baguette	7 Crispy Panko Chicken Tenders Served With Creamy whipped Potatoes	8 Fresh Baked Focaccia Cheese Pizza Served With Crisp Caesar Salad	9
11 Mama's Organic Meatballs Served With Cavatappi Pasta And Fresh Tomato- Basil Sauce	12 Creamy Chicken Pot Pie With Roasted Baby Vegetables And A Flakey Biscuit Crust	13 Healthy Organic Fettucini Alfredo Served With 7- Grain Herb Parmesan Bread	14 Mouthwatering Grass Fed Beef Meatloaf Served With Basil Smashed Potatoes	15 Lemon- Herb Crusted Free Range Chicken Served With Parmesan Roasted Fingerling Potatoes	10 16
18 Slow Roasted Chicken With A Broccoli Cheddar Sauce Served With Steamed Brown Rice	19 Organic Pasta With 24 Hour Slow Braised Bolognese Sauce Served With Artisan Fresh Baked Garlic Bread	20 Cilantro- Lime Braised Free Range Chicken And Jack Cheese Quesadilla Served With Ancho Chili Rice	21 Organic Vegetable Fried Rice Served With Sweet Thai cucumber Salad	22 Memphis Dry- Rubbed BBQ Chicken Served With Sweet Vegetable Succotash	17 23
25 Char Gril Grass- Fed Beef Burger Served On A Fresh Whole- Wheat Bun With Roasted Potatoes	26 Incredible 4- Cheese Lasagna With Artisanal Parmesan Garlic Bread	27 Asian Marinated Free Range Chicken In Our house Made Caramel Terriyaki Sauce Served With Steamed Brown Sushi Rice	28 Classic Beef Roasted Veggie Shepards Pie With Whipped Potato Crust	29 Extra Cheesey Organic Quesadilla Served With Mexican Brown Rice	24 30
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ALL ITEMS ARE SERVED WITH FRESH ORGANIC FRUITS AND CRISP LOCAL VEGETABLES
 ORGANIC LIFE MAY SUBSTITUTE PROTEIN, FRUIT AND/OR VEGETABLE BASED ON SEASONALITY AND QUALITY OF PRODUCT
 IF OUR CHEFS DON'T LIKE IT - WE WON'T SERVE IT!