



Power up for your workday with a delicious, healthy lunch from OrganicLife. Choose from an enticing array of salads and sandwiches made from the freshest organic ingredients.

## Great Greens

Sourced locally and made fresh when you order, these signature salads are the perfect healthy and satisfying lunch

all salads \$8.95

### BLACK 'N' BLUE STEAKHOUSE SALAD

Organic mixed greens topped with tender char-grilled flank steak, sweet cherry tomatoes, caramelized onions, and 4-cheese croutons served with creamy blue cheese dressing

### WARM GOAT CHEESE SALAD

Candied pecan-crusting goat cheese, organic baby beets, and cherry tomatoes served with blackberry balsamic vinaigrette

### BUFFALO BLUE CHICKEN SALAD

Fresh romaine lettuce topped with crispy buffalo chicken, diced cucumber, crumbled blue cheese, and cherry tomatoes served with spicy ranch dressing

### THE CHICAGO COBB SALAD

Free-range grilled chicken, crumbled blue cheese, diced cucumber, cherry tomato, hard boiled egg, and crispy bacon served with creamy blue cheese dressing

### FAMOUS SALMON CAESAR SALAD

Organic mixed greens topped with grilled wild salmon, sweet cherry tomatoes, aged parmesan, and 4-cheese croutons served with classic caesar dressing

### MEXICALI SALAD

Field greens, corn, black beans, white cheddar cheese, plum tomatoes, cilantro, corn chips, and honey lime vinaigrette, topped with spicy peanut sauce

### LITTLE ITALY

Romaine with roasted red peppers, mozzarella cheese, giardiniera, plum tomatoes, tortellini and black olives with house-made Italian vinaigrette

### GO GREEK

Romaine with tomatoes, cucumbers, chick peas, sliced beets, kalamata olives, pepperoncinis and feta cheese, topped with Athenian dill dressing

### ORIENT EXPRESS

Field greens with snow peas, bean sprouts, almonds, crisp wontons, mandarin oranges and sesame seeds, topped with Asian ginger dressing



Come visit OrganicLife Smart Cafe inside the Aon Center (next to Lakeshore Athletic Club) at 223 Stetson Chicago IL 60601

# Build Your Own Salad \$8.95

Choose from the an enticing array of fresh ingredients to create your own signature salad

## TOPPINGS

- Artichoke Hearts
- Broccoli Florets
- Roasted Beets
- Organic Carrots
- Cucumber

- Cherry Tomatoes
- Sweet Corn
- Strawberries
- Edamame
- Red Onion
- Roasted Mushrooms
- Hearts of Palm
- Kalamata Olives

- California Raisins
- Organic Cranberries
- Organic Garbanzo Beans
- Organic Black Beans
- Bean Sprouts
- Roasted Red Pepper
- Mandarin Oranges

- Raw Mushrooms
- Alfalfa Sprouts
- Avocado
- Fresh Cilantro
- Sun Dried Cherries

## CRUNCH

- Wasabi Peas
- 4-Cheese Croutons
- Candied Pecans
- Toasted Sunflower Seeds
- Crispy Bacon Bits
- Sesame Crisps
- Walnuts
- Almonds

## PROTEINS

- Grilled Organic Chicken
- Crispy Buffalo Chicken
- Chipotle-Grilled Flank Steak
- Classic Tuna Salad Scoop
- Grilled Wild Salmon
- Pecan Crusted Goat Cheese
- Extra Firm Tofu

## CHEESES

- Crumbled Blue Cheese
- Feta Cheese
- Mozzarella
- Aged Parmesan
- Organic White Cheddar

## DRESSINGS

Buttermilk Ranch, Steakhouse Blue Cheese, Creamy Caesar, Balsamic Vinaigrette, Thousand Island, Honey Mustard, Fat-Free Toasted Sesame, Spicy Ranch, Artichoke Parmesan, Sesame Shiitake Vinaigrette, Blood Orange Vinaigrette, Tahini Goddess, Fat-Free Ranch, White Balsamic Vinaigrette, Pomegranate Vinaigrette Honey Poppy Seed, Greek Dressing, Barbeque Ranch, Honey Lime Vinaigrette, Spicy Peanut

## Showstopping Paninis

### CHEESE, PLEASE

Sharp cheddar, aged provolone, buffalo mozzarella, crispy bacon, sliced tomato, and pesto mayo  
\$8.95

### BEEF 'N' CHEDDAR

Lean roast beef, white cheddar, sweet caramelized onions, and spicy horseradish mayo  
\$8.95

### HAM 'N' SWISS

Thinly sliced black forest ham, baby swiss, and champagne maple dijon mustard  
\$8.95

### THE PIZANO

Genoa salami, prosciutto, aged provolone, hot giardeniera, and parmesan butter  
\$8.95

### THREE CLUBHOUSE SANDWICH

Maple smoked turkey, crispy bacon, organic white cheddar, and rosemary mayo  
\$8.95

### REUBEN

Piled high with meat (choose from lean corned beef or maple-smoked turkey), swiss, kraut, and house-made 1000 island  
\$8.95





## Breakfast Basics

Made-to-order from fresh, organic ingredients, these traditional breakfast specialties are satisfying and delicious

### SUNNY SIDE SANDWICHES

Start your day with a delicious breakfast sandwich made with free-range eggs. Choose your own bread, meat, and cheese:

Bread: Homemade English muffin, Organic bagel, Croissant, or Biscuit

Meat: Black Forest Ham, Turkey Bacon, or Turkey Sausage

Cheese: Vermont Cheddar, Swiss, Mozzarella, or Provolone

\$6.95

### OUTRAGEOUS ORGANIC OATMEAL

Power up with a hearty bowl of steel-cut oats topped with your choice of fresh fruit, organic brown sugar and/or sweet almond crunch

\$4.95

### RISE AND SHINE

Nosh on a delicious organic pastry, muffin, bagel, or scone

\$4.95

### FRUITY YOGURT PARFAIT

Indulge in creamy organic yogurt topped with seasonal fresh fruit

\$4.95

